



## Preparing for COVID-19

As news of the spread of the coronavirus (COVID-19) continues, we are acutely aware of the risk the virus poses to our patients and health care workers.

Avera eCARE ICU® is poised as your partner to help care for patients to potentially limit staff exposure to infected patients. One of our intensivists is stationed in Seattle and has bedside experience caring for COVID-19 patients. This gives our team valuable knowledge as we work with your teams.

Please call eCARE ICU at 605-322-2460 to speak with us regarding your facility's infection control policies. We would be happy to discuss ways to assist with these policies.

Bedside physicians and nurses should call eCARE ICU directly to discuss specific needs for each unique COVID-19 patient. Potential interventions from eCARE ICU may include:

- Using the camera to follow up on patient care
- Interacting with patients in isolation rooms
- Physician follow-up or rounding on specific issues
- Relaying information from the bedside staff to the patient



Wash your hands often.



Stay home when  
you are sick.



Cover your cough  
or sneeze.



Avoid touching your  
eyes, nose and mouth.



Avoid close contact with  
people who are sick.



Clean and disinfect  
frequently.

**Call eCARE ICU  
at 605-322-2460  
with any questions  
or concerns.**



This is also a good time to remind staff and families how they can protect themselves against COVID-19. Per CDC this includes:

- Stay home when you are sick, except to get medical care.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Avoid touching your eyes, nose and mouth.
- Clean and disinfect frequently touched objects and surfaces.
- Wash your hands often with soap and water for at least 20 seconds.

Finally, please see the CDC's guidelines for Healthcare facilities:

**Strategies to Prepare for COVID-19 in Healthcare Facilities**