

When to Contact Virtual Crisis Care

Contact eCare Behavioral Health for an emergent assessment when an individual meets one or more of the below reasonable causes:

<ul style="list-style-type: none"> Individual is psychotic with suicidal or homicidal thoughts: <ul style="list-style-type: none"> Delusional Hallucination Drug Induced Psychosis Off Medications
<ul style="list-style-type: none"> Suicidal Statements: <ul style="list-style-type: none"> Current natural disaster or event (Covid-19 Pandemic) Domestic dispute, or breakup with significant other Statements or comments posted on social media: i.e. texting, emails, Facebook, Snapchat, etc. Traumatic event Loosing employment Death of a friend, family member, pet, or celebrity Comments to friend, family, teacher, boss, coworker, medical provider Holiday events: i.e. Christmas, Anniversary From adolescent (<18 yo)
<ul style="list-style-type: none"> Individual is unable to care for themselves: <ul style="list-style-type: none"> Not completing daily routines Not complying with medical treatment/medication Acting different at work Not completing self-care: i.e. Showering, eating, caring for oneself
<ul style="list-style-type: none"> Individual is under the influence: <ul style="list-style-type: none"> (PBT) Portable Breath Test completed, if available Can answer questions to develop safety plan

Contact local resources for medical care, counseling or therapy if an individual meets the following criteria:

<ul style="list-style-type: none"> Individual needs on-demand counseling or individual therapy Medically unstable Intoxicated with no mental health crisis Individual has attempted self-harm: i.e. Deep cutting, overdose, and needs immediate medical attention at local Emergency Department
