

# Amy Shah, MD, MPH, CHC

## Education & Training

Dr. Shah is a board-certified psychiatrist with specialties in adult and geriatric psychiatry through the American Board of Psychiatry and Neurology. She is board certified in addiction medicine through the American Board of Preventive Medicine. She has learned about plant-based nutrition and has an interest in nutritional psychiatry.



Dr. Shah received her Bachelor of Science in Biology and Chemistry from Marshall University, her medical degree from the University of Louisville School of Medicine and her Residency at the University of Cincinnati Hospital. Dr. Shah also received her Masters in Business Administration and her Masters of Science in Business Analytics at the University of Louisville.

## Experience:

- Residency training in Adult Psychiatry
- Fellowship training in Geriatric Psychiatry
- Working in urban and rural locations while providing services both in person and through telemedicine in Kentucky, Ohio and Indiana.
- Guiding trainees from the University of Louisville and nurse practitioners to help them learn psychiatric practice.
- Gratis Faculty of University of Louisville School of Medicine in Louisville, Kentucky
- Published author of mental health related journal articles and books
- Experienced with short term psychotherapy both supportive, insight-oriented and dialectical behavioral therapy.

## About Me:

While a student in high school, Dr. Shah performed many hours of community service and volunteer work. This experience greatly informed her future decisions to help others and led her to become a community psychiatrist. She has been on the boards of several nonprofits and continues to help social causes.

In addition to her clinical work, Dr. Shah has her Masters in Business Administration and Masters of Science in Business Analytics. Aside from medicine, she is interested in technology, business and creative writing.