- VELearn BEHAVIORAL HEALTH

AVELearn is Avel eCare's Customer Learning Platform that offers education covering various topics such as clinical, regulatory, professional development, and more. Many of these items have FREE CE credits attached. Visit avelecare.com/avelearn to register.

About Behavioral Health Services

• Making Avel Behavioral Health Work for You

<u>Clinical</u>

- Mental Health Conditions: Depression and Anxiety
- Suicide Prevention and Intervention
- Crisis Response Planning and Means Restriction Education
- Sleep and Insomnia: Presentation Focusing on Adult Populations
- Tardive Dyskinesia

Regulatory

- Discovering Patient Rights: An Escape Room
- Infection Control: The Ultimate Goal
- Fire Safety: Ensuring the Safety of Those Around You
- Workplace Violence

<u>Self-Care</u>

- Taking Care of Ourselves: Focus on Mental Health for Professionals
- Emotional First Aid 101
- Journaling for Medical Professional Burnout
- Nutrition and Mental Health
- Mindful Tech Solutions for Navigating Mental Health Challenges in the Digital Age

Interpersonal Communication Skills

- What I'm Saying When I'm Not Talking (Nonverbal Communication)
- Effective Communication is Harder Than You Think
- Diversity, Equity and Inclusion 101
- Cultural and Intercultural Competency

For a full listing of courses, visit AVELearn Learning Library.