

AVELearn is Avel eCare's Customer Learning Platform that offers education covering various topics such as clinical, regulatory, professional development, and more. Many of these items have FREE CE credits attached. Visit avelecare.com/avelearn to register.

## **About Crisis Care Services**

Making Avel Crisis Care Work for You

## **Professional**

- A Midsummer Night's High: A Case-Based Review of Drug Overdoses
- Overview of Delirium
- Suicide Screening, Risk and Prevention
- Mental Health Conditions: Depression and Anxiety
- Suicide Prevention and Intervention

## **Self-Care**

- Mindful Tech Solutions for Navigating Mental Health Challenges in the Digital Age
- Nutrition and Mental Health
- Emotional First Aid 101
- Taking Care of Ourselves: Focus on Mental Health for Professionals
- Goal Setting and Achieving
- Thriving Through Conflict

## **Interpersonal Communication Skills**

- Communicating Expectations and How to Follow Up When Expectations are Met and When They Aren't
- Cultural and Intercultural Competency
- Diversity, Equity and Inclusion 101
- Effective Communication is Harder Than You Think
- Emotional Intelligence
- Empathy vs Sympathy
- Establishing Trust with Diverse Teams
- What I'm Saying When I'm Not Talking (Nonverbal Communication)
- Workplace Violence

For a full listing of courses, visit AVELearn Learning Library.