

Glitter (Germ) Activity

- Supplies
 - Glitter (germs) of varying colors
 - Lotion
- Ask for 8 volunteers, 4 boys and 4 girls. (can intermix the teams)
- Place a small amount of lotion on one of each of their hands and have them gently rub hands together just enough so there is some lotion on both hands but not completely rubbed in.
- Sprinkle a little glitter on one of their hands, use a different color for each person on the team.
- Have them give high fives, shake hands, touch their water bottles, etc to show how and where the different colors of glitter mix.
 - This is how easily germs can spread.
- Then have one or 2 people from each team go to the bathroom, with additional students from class to observe, and have them demonstrate proper handwashing technique to show how it takes the right process to remove the germs.