



Contact Avel eCare to Activate  
Services for a person in crisis today:  
Call 844-250-7302

### Crisis Care Questions:

**Is Crisis Care support available 24/7?** Yes! Avel eCare is available 24/7 to support an emergent Behavioral Health assessment.

**Can I give out the Crisis Care phone number to an individual to activate on their own?** No, Avel eCare requires activation to be by a Law Enforcement Officer who is present on screen with the individual.

### Camera Check

Have you completed a camera check this month? Contact Avel today to do a test call with our team! Please call: 844-250-7302. **You cannot only open the app; you need to call to activate service.**

### How do I contact Avel?

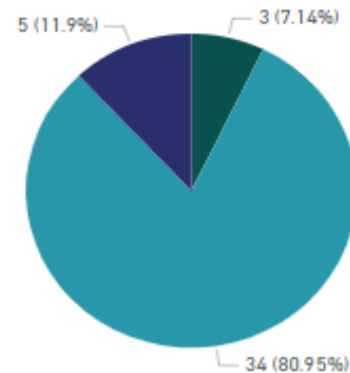
Call 1-844-250-7302. Save this number by scanning the QR Code below! Please note Avel is a co-responder model so law enforcement does need to be with the individual in crisis when activating Avel.



### Disposition Data

● Involuntary Admission ● Remain in place ● Voluntary Admission

Last 12 Months



### Maintain a Health Work-Life Balance

In law enforcement, the job can easily become all-consuming – long hours, unpredictable shifts, and the emotional toll of the work can leave little room for personal time. Maintaining a healthy work-life balance is essential for long-term wellness and job performance.

Regularly spending time with family, pursuing hobbies and disconnecting from work-related stress helps prevent burnout and keeps your perspective grounded. A balanced life allows you to show up at work with more focus and energy and at home with more presence and connection. Remember taking care of yourself outside of work isn't selfish - it's necessary for sustaining your ability to serve others effectively.

**Avel is also here to help.** Contact your Account Executive to talk individually to a member of our CISD team to offer a group processing session. You do not have to struggle in silence, there is help available.

**COPLINE**, another resource, provides confidential services for callers who are dealing with various stressors both on and off the job.

Anyone can call COPLINE 24/7.

