

When to Contact Crisis Care

Contact Avel eCare Crisis Care for an emergent assessment when an individual meets one or more of the below reasonable causes:

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| <ul style="list-style-type: none"> • Individual is psychotic with suicidal or homicidal thoughts: <ul style="list-style-type: none"> ○ Delusional ○ Hallucination ○ Drug Induced Psychosis ○ Off Medications ○ Unable to complete daily tasks |
| <ul style="list-style-type: none"> • Suicidal Statements: <ul style="list-style-type: none"> ○ Current natural disaster or event (Covid-19 Pandemic) ○ Domestic dispute, or breakup with significant other ○ Statements or comments posted on social media: i.e. texting, emails, Facebook, Snapchat, etc. ○ Traumatic event ○ Losing employment ○ Death of a friend, family member, pet, or celebrity ○ Comments to friend, family, teacher, boss, coworker, medical provider ○ Holiday events: i.e. Christmas, Anniversary ○ From adolescent (<18 yo) |
| <ul style="list-style-type: none"> • Individual is experiencing mental health crisis under the influence: <ul style="list-style-type: none"> ○ (PBT) Portable Breath Test completed, if available ○ Can answer questions to develop safety plan |

Contact local resources for medical care, counseling or therapy if an individual meets the following criteria:

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| <ul style="list-style-type: none"> • Medically unstable individual has attempted self-harm: i.e. Deep cutting, overdose, and needs immediate medical attention at local Emergency Department • Intoxicated with no mental health crisis • Individual needs on-demand counseling or individual therapy |
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