

When to Contact Crisis Care

Contact Avel eCare Crisis Care for an emergent assessment when an individual meets one or more of the below reasonable causes:

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| <ul style="list-style-type: none">• Individual is psychotic with suicidal or homicidal thoughts:<ul style="list-style-type: none">○ Delusional○ Hallucination○ Drug Induced Psychosis○ Off Medications○ Unable to complete daily tasks |
| <ul style="list-style-type: none">• Suicidal Statements:<ul style="list-style-type: none">○ First-hand or passive statements to friend, family, teacher, co-worker, medical provider○ Comments posted on social media, text, email, etc.○ Common triggers: traumatic event, natural disaster, death/grief, financial stress, holidays or difficult anniversaries |
| <ul style="list-style-type: none">• Individual is experiencing mental health crisis under the influence:<ul style="list-style-type: none">○ (PBT) Portable Breath Test completed, if available○ Can answer questions to develop safety plan |

Contact local resources for medical care, counseling or therapy if an individual meets the following criteria:

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| <ul style="list-style-type: none">• Medically unstable individual has attempted self-harm: i.e. Deep cutting, overdose, and needs immediate medical attention at local Emergency Department• Intoxicated with no mental health crisis• Individual needs on-demand counseling or individual therapy |
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