Rana K. Zabad MD, FAAN

Education & Training:

Board-certified neurologist and fellowship-trained neuroimmunologist

Neurology residency | Wayne State University
Multiple Sclerosis and Neuroimmunology Fellowship | University of Calgary

Experience:

Dr. Zabad brings more than 17 years of clinical, academic, and research experience. She previously served as Professor and Division Chief of the Multiple Sclerosis Program at the University of Nebraska Medical Center. Her research includes leadership and participation in Phase I-III clinical trials in multiple sclerosis, progressive MS, and emerging cellular therapies. She has authored peer-reviewed publications and invited reviews on neuroimmunology and autoimmune neurological disorders.

Her clinical experience spans tertiary academic centers and rural and community settings in Alberta and Nebraska. She helped develop regional MS and neuroimmunology outreach in North Platte and is committed to expanding specialty care through telemedicine, regional partnerships, and multidisciplinary care.

Her guiding philosophy is "Serious Neurology, Humane Medicine" - pairing rigorous care and scientific innovation with compassion, accessibility, and respect for patients' and families' lived experience.

About Me:

I grew up in my father's bookstore, surrounded by books and ideas that sparked an early curiosity about science, medicine, and the human experience. That foundation continues to shape my approach to clinical care, research, and teaching.

Outside medicine, I enjoy cooking for its creativity and connection, and I am drawn to aviation for its discipline and perspective - had I not become a physician, I might have become a pilot.

In all I do, I believe serious science and humane care should coexist

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